



JOIN A RUNNING CLUB TODAY!

www.rrca.org

Joining a local running club can help you achieve your running and fitness goals. Running clubs provide a great social network in an atmosphere that is supportive of your running goals.

Find your local club at www.RRCA.org/clubs. Click on your state and find your local running club.

Don't see a running club in your town? Start one! Click on the JOINING link on our website at www.RRCA.org and learn how to start an RRCA running club in your community.

To learn more about the Road Runners Club of America, our members, our programs and our services that benefit the running community visit us to today at www.RRCA.org.

